

## ABSTRACT OF THE DISCLOSURE

A method of and an apparatus for processing polished rice capable of enhancing whiteness and also providing high brilliance on grain surfaces of processed polished rice. The method comprises the steps of: adding moisture to the polished rice to soften grain surfaces thereof; mixing and stirring starchy granular material heated to have temperature not less than 60°C with the moistened polished rice so that bran stuck on the grain surfaces of the polished rice is captured by the starchy granular material and removed; and separating the polished rice from the starchy granular material with bran captured, and smoothing the grain surfaces by eliminating minute inequalities thereof after the bran removed so as to enhance brilliance of the grain surfaces. The polished rice processing apparatus of the present invention comprises moisture adding means, mixing/stirring means and separating/smoothing means for carrying out the above respective steps of the polished rice processing method.